



## MENTAL HEALTH POLICY BIJNI COLLEGE::BIJNI

As per the guidelines issued by Honourable Supreme Court of India on Mental Health Concerned of students and UGC guidelines Bijni College adopted institutional mental health policy. The policy focuses on addressing the growing mental health crisis among students. It aims to strengthen support systems and reduce student suicides through preventive measures.

- Displaying suicide prevention helpline numbers Sarathi Helpline: 104, TeleMANAS 1-8008914416/ 14416 and other national services in hostels, classrooms, common areas and on the official website.
- Ensuring engagement of one qualified counsellor/psychologist/social worker for monitoring the mental health status of students as per Hon'ble Supreme Court's Direction.
- Ensuring an optimal student-to-counsellor ratio for effective mental health support.
- Strictly avoiding segregate batches based on academic performance, public shaming of students, or assigning academic targets disproportionate to students' capacities.
- Having written protocols for immediate referral of students to mental health services, local hospitals, and suicide prevention helplines.
- Having a robust, confidential, and accessible mechanism for reporting, redressal, and prevention of incidents involving sexual assault, harassment, ragging and bullying on the basis of caste, clan, gender, sexual orientation, disability, religion, or ethnicity.
- Keeping ever active Internal Complaints Committee (ICC)
- Organising awareness/ sensitisation programme for guardians on mental health.
- Maintaining confidential records when any student approaches the College authority or any relevant Committee regarding mental health concerns.
- Prioritising extracurricular activities, including sports, arts and personality development initiatives.
- Having active career counselling cell in providing guidance to both students and their guardians on career development.
- Maintaining hostels free from harassment and bullying.
- Equipping with tamper-proof ceiling fans or equivalent safety devices and is access to high-risk areas controlled to deter impulsive acts of self-harm.



  
Principal  
Bijni College::Bijni  
**Principal**  
**Bijni College, Bijni**